

**Pain Assessment Acronym O,P,Q,R,S,T,U,V**

<b>Assess</b>	<b>Assessment Questions:</b>
<b>O</b> Onset	When did it begin?
	How long does it last?
	How often does it occur?
<b>P</b> Palliating/ Provoking	What brings it on?
	What makes it better?
	What makes it worse?
<b>Q</b> Quality	What does it feel like?
<b>R</b> Radiation/ Region	Where is it?
	Does it spread anywhere?
<b>S</b> Severity	What is the intensity of this symptom? (scale of 0-10; 0 = none, 10 = worst ever OR appropriate pain scale)
	Right Now: _____ At Best: _____ At Worst: _____
	Are there other symptoms that accompany this symptom?
<b>T</b> Treatment	What medications/ treatments are you currently using?
	How effective are these?
	Do you have any side effects from any medications/treatments?
<b>U</b> Understanding/ impact on you	What do you believe is causing this symptom?
	How is this symptom affecting you/your family?
<b>V</b> Values	Goals and expectations of management of this symptom?

**Name (person who completed the form):**

**Signature:**

**Date:**