

# Mic-key Tube: How to Change or Replace

Child's Name: Health Care #:

### **Information for Families**

## What is a Mic-key button:

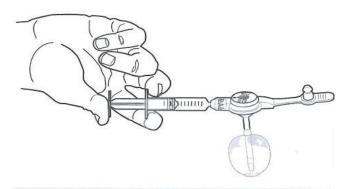
A Mic-key button is a gastrostomy tube that rests against the skin, and is held inside the stomach by a balloon on the inside inflated with sterile water. It can easily be changed at home by a parent.

### **Equipment**

- Mic-key tube
- 5 ml syringe empty
- 5 ml syringe with sterile water
- Water-soluble lubricant
- Washcloth

#### **Procedure**

- 1. Wash Hands
- 2. Draw up 5 mls of sterile or distilled water into your 5 ml syringe.
- 3. Remove the new MIC-KEY\*feeding tube from the package. Fill the balloon with 5 ml sterile or distilled water.
- 4. Remove the syringe and observe the balloon. It should be symmetrical. Check for leaks. Remove the water from the balloon.
- 5. Attach a 5 ml luer slip syringe to the balloon valve of the old MIC-KEY\* feeding tube. Pull back on the plunger until all the water is out of the balloon.



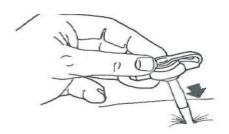
- 6. Gently remove the MIC-KEY\* feeding tube from your child's stomach. It may help to use a little water-soluble lubricant as you are removing it.
- 7. Lubricate the tip of the new MIC-KEY\* feeding tube with a water-soluble agent. DO NOT USE OIL OR PETROLEUM JELLY.
- 8. Gently guide the new tube into the stoma. Insert the tube all the way until it is flat against the skin.



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- 9. Hold the tube in place and fill the balloon with 5 ml distilled or sterile water. Do not use air.
- 10.Position the balloon against the stomach wall by pulling the MIC-KEY\* feeding tube up and away very gently until it stops.
- 11. Wipe away fluid or lubricant from the tube and stoma.
- 12. Check the tube for correct placement. Insert an extension set into the feeding port, then:
  - Aspirate residual stomach contents.

If you have any questions, please call Canuck Place: 604-742-3475 If you have any feedback to help us improve this document, please email APN@canuckplace.org

#### Reference

Kimberly Clark. (2014). Mic-Key care and Usage Guide. <a href="http://www.mic-key.com/resources/mic-keystar-care-usage-guide.aspx#replacing">http://www.mic-key.com/resources/mic-keystar-care-usage-guide.aspx#replacing</a>

BC Children's Hospital. (2013). Tube Feeding FAQs. <a href="http://www.bcchildrens.ca/Services/SurgeryAndSurgSuites/GeneralSurgery/TubeFeeding/FAQs.htm">http://www.bcchildrens.ca/Services/SurgeryAndSurgSuites/GeneralSurgery/TubeFeeding/FAQs.htm</a>